

Queensbury Dept. of Parks and Recreation

Proudly Presents:

Lil' Kidz

Fitness & Fun!

SMILES AND GIGGLES
GUARANTEED!



Toddlers and preschoolers need time to socialize, learn, and play; but most of all, have FUN!

This program delivers on every element! Children will explore and play games that promote coordination, agility, and gross motor skills; such as walking, running, and jumping. There will be opportunities for free-play to release energy! A variety of activities will enhance fine motor skills - especially hand-eye coordination and reflexes. Children will engage in educational activities through play; focusing on shapes, colors, patterns, and numbers. This program strengthens muscles and develops sensory awareness. It's the perfect combination of play and learning!

Instructor: NYS Certified Teacher Nicole Enny-Tully

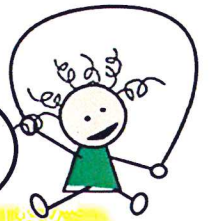


FOR: Ages 2-4 years

WHEN: Tuesdays

Min: 8

Max: 10



This type of play is essential
for your child's development!

Session 1: November 13 - December 18, 2018

Session 2: January 8 - February 12, 2019

Session 3: February 26 - March 26, 2019

TO REGISTER:

Stop by the Dept. Office at 742 Bay Rd., Queensbury, or go on-line to queensburyrec.com

Cash, check or Credit Card accepted.

TIME: 5:30 - 6:30 pm

WHERE: WHBI School Cafeteria

FEE: Session 1 & 2: Resident \$36/ses; Non-Resident \$46/ses

Sessions 3: Resident \$30/ses; Non-Resident \$40/ses



PARENTS: Tag along and enjoy the program with your child! Parent participation is **ENCOURAGED!**

Queensbury Parks & Recreation <> 742 Bay Rd., Queensbury <> 518-761-8216 <> recreation.queensbury.net

THE DEPARTMENT RESERVES THE RIGHT TO EITHER CANCEL, CHANGE, OR ALTER ANY PROGRAM SCHEDULE BASED ON AVAILABILITY OF STAFF, FACILITY, AND/OR ENROLLMENT.