

Queensbury Department of Parks & Recreation **INFANT/PARENT & TODDLER/PARENT SWIM LESSONS**

'18 Fall/ '19 Winter Programming ~ HELD AT QBY ELEMENTARY SCHOOL

Online Registration is now available visit: queensburyrec.com

ON-LINE REGISTRATION BEGINS..... 8/27/18

RETURNING



FEE:
Resident: \$45
Non-Resident: \$55

WEDNESDAY EVENINGS

	Infant /Parent (6-18 mos.)	Toddler/Parent (19-36 mos.)
TERM 1: September 5 – October 10, 2018	6:30 –7:00 pm	7:00–7:30 pm
TERM 2: Oct. 17– Nov. 28, 2018 (No Class 11/21)	6:30 –7:00 pm	7:00–7:30 pm
TERM 3: December 5 – Jan. 16, 2019 (No class 12/26)	6:30 –7:00 pm	7:00–7:30 pm
TERM 4: January 23 – March 6, 2019 (No class 2/20)	6:30 –7:00 pm	7:00–7:30 pm
TERM 5: March 13 – April 17, 2019	6:30 –7:00 pm	7:00–7:30 pm

FEES: Residents: \$45.00 Non-Resident: \$55.00

Program Goals: To familiarize young children (from ages 6 months to 36 months) to the water and prepare them to learn to swim in the American Red Cross Learn-to-Swim courses. It is not designed to teach children to become good swimmers or to survive in the water on their own.

Pre-requisites: No pre-requisite skill needed, child must be at least 6 months old to enroll. Parent or other caregiver must accompany each child into the water and participate in each class.

Objectives: Learn to ask for permission before entering the water. Learn how to enter and exit the water in a safe manner. Feel comfortable in the water. Explore submerging to the mouth, nose and eyes completely. Explore buoyancy on the front and back position. Change body position in the water with support. Learn to expect adult supervision when near water. Explore submerging in a rhythmic pattern completely. Glide on the front and back with assistance. Learn basic water safety rules and how to avoid water hazards around the home. Learn about the importance of wearing a life jacket and experience wearing one.

Pre-Registration is required, accepted on-line or at the department office (742 Bay Road)