

Visit the cafeteria webpage on the QUFSD website to complete the free and reduced meal application  
**USDA has extended free lunch to all students through the 21-22 school year**  
**Milk \$.55**  
**Adult \$4.50 + tax**

Visit [mySchoolBucks.com](https://myschoolbucks.com)® to manage your children's lunch account

If you have any questions regarding this menu please contact the Food Service Director, Josh Hodge at 518-824-3687 or Email [jhodge@queensburyschool.org](mailto:jhodge@queensburyschool.org)

### Harvest of the Month

**APPLES**



Did you know?  
 We now offer NYS dairy and produce products every day on our menus  
 Look on the menus to see what produce is a product of NYS  
**I ♥ NY**

4

Grilled Chicken Parm Pasta w Marinara  
 Steamed Broccoli ½ C  
 ♥ Fresh NYS Apple Slaw ♥  
 Fresh Grapes ½ C  
 ½ Pint of Milk

5

Oven Roasted 8 Cut Chicken  
 Brown Rice Pilaf ½ Cup  
 ♥ Summer Squash ½ C ♥  
 Fresh Cantaloupe ½ C  
 ½ Pint of Milk

6

Meat Lovers Calzone With Pepperoni, Sausage(P), Cheese, Marinara Sauce  
 ♥ NY Cucumber Slices ½ C ♥  
 Ripe Banana  
 ½ Pint of Milk

7

Nachos with Seasoned Chicken Cheddar Cheese, Black Beans ½ Cup  
 Fiesta Corn ½ Cup  
 ♥ Fresh NYS Apple ♥  
 ½ Pint of Milk

8

### Superintendent's Conference Day



11

### No School



12

BBQ Pork and Cheddar Cheese Quesadilla (P)  
 ♥ NY Zucchini ♥ ½ C  
 Fresh Orange ½ C  
 ½ Pint of Milk

13

### Brunch For Lunch

WG Pancakes, Chicken Sausage Tater Tots  
 ♥ NY Tomatoes ½ C ♥  
 Fresh Watermelon ½ C  
 ½ Pint of Milk

14

Chicken Burrito with Rice, Cheddar Cheese  
 Black Beans ½ Cup  
 Fiesta Corn ½ Cup  
 ♥ Fresh NYS Apple ♥  
 ½ Pint of Milk

15

Broccoli Cheddar WG Flatbread  
 Green Beans ½ C  
 Fresh Blueberries ½ C  
 ½ Pint of Milk

18

Chicken Cheese Steak on a Roll  
 Roasted Broccoli ½ C  
 ♥ Fresh NYS Apple ♥  
 ½ Pint of Milk

19

Oven Roasted 8 Cut Chicken  
 Brown Rice Pilaf ½ Cup  
 ♥ Summer Squash ½ C ♥  
 Fresh Cantaloupe ½ C  
 ½ Pint of Milk

20

Mac & Cheese Breadstick  
 ♥ NY Tomatoes ½ C ♥  
 Strawberries ½ C  
 ½ Pint of Milk

21

Nachos with Seasoned Chicken Cheddar Cheese, Black Beans ½ Cup  
 Fiesta Corn ½ Cup  
 Pineapple ½ C  
 ½ Pint of Milk

22

Buffalo Chicken Calzone with Cheese, Marinara Sauce  
 ♥ NY Cucumber Slices ½ C ♥  
 Fresh Pear  
 ½ Pint of Milk

25

Beef Meatball Parmesan w Marinara on a WG Roll  
 Roasted Broccoli ½ C  
 Ripe Banana  
 ½ Pint of Milk

26

BBQ Pork and Cheddar Cheese Quesadilla (P)  
 ♥ NY Zucchini ♥ ½ C  
 Cornbread  
 Fresh Honeydew ½ C  
 ½ Pint of Milk

27

### Brunch For Lunch

WG Pancakes, Chicken Sausage Tater Tots  
 ♥ NY Tomatoes ½ C ♥  
 Orange ½ C

28

Chicken Burrito with Rice, Cheddar Cheese  
 Black Beans ½ Cup  
 Fiesta Corn ½ Cup  
 Fresh Orange  
 ½ Pint of Milk

29

### Spirit Week BBQ

Hamburgers & Hot Dogs on WG Bun  
 Baby Carrots ½ C  
 ♥ Fresh NYS Apple ♥  
 ½ Pint of Milk

#### DAILY ALTERNATE ENTREES:

Daily Cheese Pizza plus Variety Pizzas (Meat, Vegetable)  
 Bagel with Cream Cheese and Yogurt, Cheese Stick, and Baby Carrots.  
 Pre Made Deli Station with Assorted Meats and Cheeses served on Assorted Whole Grain Breads, Rolls, Wraps  
 Daily Grill Offerings: Burgers with/without Cheese, Chicken Patty, all on WG Buns.  
 Pre Made Salad Station with Fresh Dark Greens, and a variety of fresh veggies, cheeses, and meats. All Salad options served with WG Dinner Rolls.

#### Daily Yogurt Parfait with Fruit and Granola

Whole Grain Rolls Offered Daily with All Meals

Daily Side Salad as an additional vegetable, consisting of:

1 cup Romaine Lettuce, Spinach, or Spring Mix with Carrots, and other Seasonal Vegetables  
 Carrots, Celery, Cucumbers.

Daily Offering of Assorted Fresh Fruits and Vegetables: Apples, Oranges, Bananas.

Daily Milk Offerings: 1% White, Fat Free White, and Fat Free Flavored

(P) denotes item might contain Pork