

Visit the cafeteria webpage on the QUFSD website to complete the free and reduced meal application  
**USDA has extended free lunch to all students through the 21-22 school year**  
**Milk \$.55**  
**Adult \$4.50 + tax**

Visit [mySchoolBucks.com](https://myschoolbucks.com)® to manage your children's lunch account

If you have any questions regarding this menu please contact the Food Service Director, Josh Hodge at 518-824-3687 or Email [jhodge@queensburyschool.org](mailto:jhodge@queensburyschool.org)

### Harvest of the Month

APPLES



Did you know?  
 We now offer NYS dairy and produce products every day on our menus  
 Look on the menus to see what produce is a product of NYS  
 I ♥ NY

4

Chicken Tenders  
 WG Roll  
 Baby Carrots ½ C  
 Fresh NYS Apple  
 ½ Pint of Milk

5

Cheeseburger on  
 WG Roll  
 Steamed Broccoli ½ C  
 Fresh Grapes ½ C  
 ½ Pint of Milk

6

Chicken and Cheddar  
 Cheese Quesadilla  
 NY Zucchini ½ C  
 Fresh Orange ½ C  
 ½ Pint of Milk

7

Cheese or  
 Pepperoni(p) Pizza  
 WG  
 Baked Beans ½ C  
 Banana  
 ½ Pint of Milk

8

### Superintendent's Conference Day



11

### No School



12

Chicken Patty on  
 WG Roll  
 Roasted Broccoli ½ C  
 Ripe Banana  
 ½ Pint of Milk

13

### Brunch For Lunch

WG Pancakes, Chicken  
 Sausage Tater Tots  
 NY Tomatoes ½ C  
 Fresh Watermelon ½ C  
 ½ Pint of Milk

14

Soft Chicken Taco  
 with Rice, Cheddar  
 Cheese  
 Black Beans ½ Cup  
 Fiesta Corn ½ Cup  
 Fresh NYS Apple  
 ½ Pint of Milk

15

Cheese or Pepperoni(p)  
 Pizza WG  
 Green Beans ½ C  
 Blueberries ½ C ½ Pint  
 of Milk

18

Chicken Tenders  
 WG Roll  
 Roasted Broccoli ½ C  
 Fresh NYS Apple  
 ½ Pint of Milk

19

Grilled Chicken Parm  
 Brown Rice Pilaf ½ Cup  
 Summer Squash ½ C  
 Fresh Cantaloupe ½ C  
 ½ Pint of Milk

20

Mac & Cheese  
 Breadstick  
 NY Tomatoes ½ C  
 Strawberries ½ C  
 ½ Pint of Milk

21

Nachos with  
 Seasoned Chicken  
 Cheddar Cheese,  
 Black Beans ½ Cup  
 Fiesta Corn ½ Cup  
 Pineapple ½ C  
 ½ Pint of Milk

22

Cheese or Pepperoni(p)  
 Pizza WG  
 NY Cucumber  
 Slices ½ C  
 Fresh Pear  
 ½ Pint of Milk

25

Chicken Patty on  
 WG Roll  
 Roasted Broccoli ½ C  
 Ripe Banana  
 ½ Pint of Milk

26

Beef Meatball  
 Parmesan w Marinara  
 on a WG Roll  
 NY Zucchini ½ C  
 Fresh Honeydew ½ C  
 ½ Pint of Milk

27

### Brunch For Lunch

WG Pancakes,  
 Chicken Sausage  
 Tater Tots  
 NY Tomatoes ½  
 C  
 Orange ½ C

28

Soft Chicken Taco  
 Rice, Cheddar  
 Cheese  
 Black Beans ½ Cup  
 Fiesta Corn ½ Cup  
 Fresh NYS Apple  
 ½ Pint of Milk

29

Cheese or  
 Pepperoni(p) Pizza  
 WG  
 NY Tomatoes ½ C  
 Ripe Banana  
 ½ Pint of Milk

#### DAILY ALTERNATE ENTREES:

**Grab n Go Sandwiches:** All Served with baby carrots

**Mon:** Tuna; **Tues:** Oven Roasted Turkey & Cheese; **Wed:** Egg Salad; **Thurs:** Ham (P) & Cheese; **Fri:** Oven Roasted Turkey & Cheese; All served on WG Breads Baby Carrots

**Daily:** Peanut Butter and Jelly on WG bread.

**Alternate: Mon/Thurs** Bagel with Cream Cheese and Cheese Stick , **Tues/Fri** Yogurt Parfait with Fruit and Granola/Graham Crackers **Wed** Chef with Turkey and/or Ham (P)(served with WG roll)

#### Whole Grain Rolls Offered Daily with All Meals

Daily Side Salad as an additional vegetable, consisting of:

1 cup Romaine Lettuce, Spinach, or Spring Mix with Seasonal Vegetables

Fresh Fruits and Vegetables Daily: Apples, Oranges, Bananas, Carrots, Celery, Cucumbers.

Daily Milk Offerings: 1% White, Fat Free White, and Fat Free Flavored

(P) Denotes item might contain Pork